

## Registration Form

Participant Name:

---

Parent/Guardian Name:

---

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Level (please circle one):

Mite    Squirt    Peewee/Bantam  
Midget/Adult

Address:

---

City:

---

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone:

---

Work Phone:

---

Email:

---

Sorry – no credit cards

Office use ONLY
Payment Type:
Cash____ Check____
Total Paid____ Date Paid____
Cashier Initials____

Rockville Ice Arena  
50 Southlawn Crt.  
Rockville, MD 20850  
[www.rockvilleicearena.com](http://www.rockvilleicearena.com)



***Labor Day  
Weekend***

***2009***

***Power Skating  
Clinic***

***Sept. 4, 5 and 6***

***Mite to Adult***

# A Specialized Power Skating Skills Camp

## Program Highlights

- Proper Skill Technique
- Flexibility / Strength Exercise
- Edge / Body Control
- Lateral Movement / Agility
- Foot Speed / Leg Power
- Efficiency / Conditioning

**Fee: \$100.00**

Class size limited to 30 students

## Special Midget/Adult Session Added

**"-The biggest improvement you can make to your game is your skating. Invest in your hockey future!"  
...Marianne**

**Sept. 4, 5 and 6th**

### All Levels Mites-Adults

Call Gary Watkins at Rockville Ice Arena for more information,  
301-315-5650.ext. 11

Group 1 Mite	Sept. 4	5:00p
	Sept. 5	9:00a
	Sept. 6	9:00a
Group 2 Squirt	Sept. 4	6:00p
	Sept. 5	10:00a
	Sept. 6	10:00a
Group 3 Pee Wee/ Bantam	Sept. 4	7:10p
	Sept. 5	11:10a
	Sept. 6	11:10
Group 4 Midget-Adults	Sept. 4	8:10p
	Sept. 5	12:10p
	Sept. 6	12:10p

Please fill out the registration form in this brochure and return it with payment to:

Rockville Ice Arena  
50 Southlawn Court  
Rockville MD 20850

**Please make checks payable to:  
Marianne Watkins**

## MARIANNE WATKINS Internationally Known Power Skating Coach

With over 20 years experience in developing skating abilities for both amateur and professional hockey players in North America and Europe, Marianne Watkins has become one of the leading instructors in the field of power skating. Her experience and innovative approach makes her one of the most sought after power skating coaches in hockey. Marianne has worked with many of the top players, coaches, and teams in the game including:

**Wayne Gretzky, Paul Coffey, Mike Ricci, Chris Pronger, Jason Arnott, Jamie Langenbrunner, Darren McCarty, Cory Stillman, Dustin Penner, Corey Perry, Roger Neilson, Jacques Martin, Florida Panthers (NHL), Toronto Maple Leafs (NHL), Columbus Blue Jackets (NHL), Syracuse Crunch (AHL), Portland Pirates (AHL), Peterborough Petes (OHL), Oshawa Generals (OHL)**

Exclusive Power Skating Instructor at Robert Morris University Island Sports Center Pittsburgh, PA