

## Registration Form

Participant Name:

---

Parent/Guardian Name:

---

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Level (please circle one):

Mite      Squirt      Pee wee      Bantam  
Midget/Adult

Address:

---

City:

---

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone:

---

Work Phone:

---

Email:

---

Sorry – no credit cards

Office use ONLY

Payment Type:

Cash\_\_\_\_ Check\_\_\_\_

Total Paid\_\_\_\_ Date Paid\_\_\_\_

Cashier Initials\_\_\_\_

Rockville Ice Arena  
50 Southlawn Ct.  
Rockville, MD 20850  
[www.rockvilleicearena.com](http://www.rockvilleicearena.com)



**2008-2009  
Pre-Season Power  
Skating Clinic**

Aug 29, 30, 31

**Get prepared for the  
upcoming season!!**

Available for all levels

# A Specialized Power Skating Skills Camp

## Program Highlights

- Proper Skill Technique
- Flexibility / Strength Exercise
- Edge / Body Control
- Lateral Movement / Agility
- Foot Speed / Leg Power
- Efficiency / Conditioning

**Fee: \$100.00**

Class size limited to 30 students

**"-The biggest improvement you can make to your game is your skating. Invest in your hockey future!"**  
**...Marianne**

**August 29, 30, 31**

**All Levels Mites-Adults**

Call Gary Watkins at Rockville Ice Arena for more information, 301-315-5650.

Group 1 Mite/Squirt	Aug 29	6-7pm
	Aug 30	10-11am
	Aug 31	10-11am
Group 2 Pee Wee/ Bantam	Aug 29	7-8pm
	Aug 30	11-12pm
	Aug 31	11-12pm
Group 3 Midget and Older	Aug 29	8-9pm
	Aug 30	12-1pm
	Aug 31	12-1pm

Please fill out the registration form in this brochure and return it with payment to:

Rockville Ice Arena  
 50 Southlawn Court  
 Rockville MD 20850

**Please make checks payable to:  
 Marianne Watkins**

## **MARIANNE WATKINS** Internationally Known Power Skating Coach

With over 20 years experience in developing skating abilities for both amateur and professional hockey players in North America and Europe, Marianne Watkins has become one of the leading instructors in the field of power skating. Her experience and innovative approach makes her one of the most sought after power skating coaches in hockey. Marianne has worked with many of the top players, coaches, and teams in the game including:

**Wayne Gretzky, Paul Coffey, Tie Domi, Mike Ricci, Chris Pronger, Jason Arnott, Jamie Langenbrunner, Darren McCarty, Cory Stillman, Roger Neilson, Jacques Martin, Florida Panthers (NHL), Toronto Maple Leafs (NHL), Columbus Blue Jackets (NHL), Syracuse Crunch (AHL), Portland Pirates (AHL), Peterborough Petes (OHL), Oshawa Generals (OHL)**

Exclusive Power Skating Instructor at Robert Morris University Island Sports Center Pittsburgh, PA